

Multi-Max

Maximize your health



- Your daily multivitamin for making your body stronger
- Contains potent antioxidants for protection from diseases
- Maximizes cellular energy

ISO 17025
Accredited Laboratory



newrootsherbal.com



The Formula for Feeling Great

Multi-Max is formulated with synergistic nutraceutical food sources to help the body recognize vitamins and absorb them better. Antioxidants are present to block free radicals and help prevent conditions associated with aging.

Multi-Max will make you feel better, look better, and—best of all—ensure your body has the nutrients that it needs to stay healthy and fight disease.

Even if you are eating right, it isn't always enough in today's world; pollution and stress levels have reached epidemic proportions. To maintain and reach optimal health, we need more antioxidants, like vitamins A, C, and E; carotene and selenium to help fight pollution and disease; more B vitamins to help the body better cope with stress, synthetics, and denatured food; and minerals to help the body—especially the bones—stay strong.

Improving levels of important vitamins can mean a healthier, longer, more productive life. A study on elderly people found that supplementing with a multivitamin improved levels of important vitamins to a point that it could reduce the risk of many chronic diseases.

Multi-Max is better than the vast majority of multiple vitamin, mineral, and antioxidant formulas on the market today. You and your family can have one of the best health-insurance policies by including **Multi-Max** in your daily diet.

Multi-Max can:

- increase energy;
- improve digestive problems;
- establish a proper pH in the intestines;
- stimulate detoxification;
- improve mental alertness;
- protect against free radicals; and
- enhance the immune system.

Multi-Max can help correct any vitamin deficiency that may result from poor diet that has become all too common in North America. Improving levels of important vitamins can mean a healthier, longer, more productive life.

Synergistic Ingredients in Multi-Max:

Riboflavin-5'-Phosphate

The addition of riboflavin-5'-phosphate ensures that those with certain enzyme deficiencies obtain the full benefits of vitamin B₂. This form of vitamin B₂ is sometimes referred

to as “activated riboflavin” because of its fast-acting effects in the body. Riboflavin-5'-phosphate is rapidly hydrolyzed to yield riboflavin after ingestion.

Pyridoxal-5'-Phosphate

Pyridoxal-5'-phosphate (P5P) is the active coenzyme form of vitamin B₆; most multivitamin formulas contain only the inactive pyridoxine hydrochloride form. New Roots Herbal uses P5P, as it does not have to be processed by the liver—because of its enzyme form—and is immediately assimilated into the bloodstream.

Magnesium Citrate

Magnesium citrate is a highly soluble and bioavailable form of magnesium. It also helps the body assimilate calcium. This magnesium salt is the best type that can be absorbed into the bloodstream. Magnesium citrate assures the strength and firmness of bones and teeth.

Green Tea Extract (50% Polyphenols)

Green tea is a whole-food source of important flavonoids. These potent antioxidants are more powerful than vitamins C or E, and provide significant protection against disease.

Royal Jelly (6% 10-HDA)

Royal jelly gives **Multi-Max** a natural source of the complete spectrum of B vitamins. It is a rich source of vitamins A, C, D, and E, as well as minerals, enzymes, and amino acids.

***alpha*-Lipoic Acid**

alpha-Lipoic acid has been described at various times as the “universal,” “ideal,” and “metabolic” antioxidant. It can inhibit the development of atherosclerosis, lung disease, chronic inflammation, and neurological disorders.

***N,N*-Dimethylglycine**

N,N-Dimethylglycine (DMG) is an antioxidant and methyl donor that supports immune response to the flu virus and salmonella, increases physical stamina and endurance, and improves speech behavior and frustration in children with ADD.

Coenzyme Q₁₀

Coenzyme Q₁₀ supports cardiac functions, manages high blood pressure, strengthens heart muscle and tissue, stimulates the immune system, prevents oxidation of LDL cholesterol, and produces cellular energy.

Choline Citrate

Choline helps the body metabolize fat and cholesterol. Nutritionists have found that choline can help improve memory, especially during the golden years.

Lycopene

Lycopene is an open-chain unsaturated carotenoid that neutralizes free radicals. It reduces the risk of macular degenerative disease; serum lipid oxidation; and diseases of the lung, bladder, cervix, prostate, and skin.

Multi-Max



Multi-Max is formulated with vitamins, minerals, and selected nutraceuticals. More than just a multivitamin, **Multi-Max** provides broad-spectrum support for improving your body's ongoing health.

Ingredients:	2 capsules	8 capsules
Vitamins:		
D ₃ (cholecalciferol)	57 IU	228 IU
E (D- <i>alpha</i> -tocopheryl acetate)	33.44 mg AT	133.76 mg AT
C (from calcium ascorbate)	43.75 mg	175 mg
B ₁ (thiamin hydrochloride)	8.25 mg	33 mg
B ₂ (riboflavin)	5 mg	20 mg
B ₂ (riboflavin-5'-phosphate sodium)	1.25 mg	5 mg
B ₃ (niacinamide)	7.5 mg	30 mg
Inositol hexanicotinate, flush-free (vitamin B ₃)	5 mg	20 mg
B ₅ (calcium D-pantothenate)	11.5 mg	46 mg
B ₆ (pyridoxine hydrochloride)	5 mg	20 mg
B ₆ (pyridoxal-5'-phosphate)	1.25 mg	5 mg
B ₁₂ (methylcobalamin)	75 mcg	300 mcg
Folate (from calcium L-5-methyltetrahydrofolate)	95 mcg	380 mcg
Biotin	16.5 mcg	66 mcg
Minerals:		
Boron (from boron citrate)	125 mcg	500 mcg
Magnesium (from magnesium citrate)	112.5 mg	450 mg
Calcium (from calcium citrate and calcium ascorbate)	81 mg	324 mg
Potassium (from potassium citrate)	8.25 mg	33 mg
Zinc (from zinc citrate)	3.75 mg	15 mg
Manganese (from manganese citrate)	1 mg	4 mg
Copper (from copper gluconate)	0.25 mg	1 mg
Iodine (from kelp)	25 mcg	100 mcg
Chromium (from HVP chelate)	12.5 mcg	50 mcg
Selenium (from HVP chelate)	12.5 mcg	50 mcg
Amino Acids:		
L-Proline	22.5 mg	90 mg
N,N-Dimethylglycine (DMG)	20 mg	80 mg
L-Cysteine hydrochloride monohydrate	7.5 mg	30 mg
Supplements/Nutraceuticals:		
Green tea (<i>Camellia sinensis</i>) extract, 50% polyphenols	60 mg	240 mg
Citrus bioflavonoids (from bitter orange [<i>Citrus × aurantium</i>]), 50% hesperidins	50 mg	200 mg
Bee pollen	35 mg	140 mg
Royal jelly, 6% 10-HDA	30 mg	120 mg
DL- <i>alpha</i> -Lipoic acid	25 mg	100 mg
Organic spirulina (<i>Spirulina platensis</i>)	18 mg	72 mg
Broken-cell, organic chlorella (<i>Chlorella vulgaris</i>)	18 mg	72 mg
Betaine hydrochloride	12.5 mg	50 mg
Lecithin (from non-GMO sunflower oil)	8.25 mg	33 mg
<i>para</i> -Aminobenzoic acid (PABA)	6.25 mg	25 mg
Coenzyme Q ₁₀ (ubiquinone-10) (from fermentation)	6 mg	24 mg
Rutin	5 mg	20 mg
Choline citrate	4.15 mg	16.6 mg
Inositol (<i>myo</i> -inositol)	4.075 mg	16.3 mg
Tomato (<i>Solanum lycopersicum</i>) flesh extract, 20% lycopene	750 mcg	3 mg
Hesperidin (from bitter orange [<i>Citrus × aurantium</i>] fruit)	2.5 mg	10 mg
Quercetin	2.5 mg	10 mg
Black pepper (<i>Piper nigrum</i>) fruit extract, 95% piperin	200 mcg	800 mcg
Other ingredients: Microcrystalline cellulose, vegetable magnesium stearate, and silicon dioxide in a non-GMO vegetable capsule composed of vegetable carbohydrate gum and purified water.		
NPN 80072151 · V0476-R8		

Suggested use:

Adults: Take 2 capsules one to four times daily with meals or as directed by your health-care practitioner. If you are taking other medications, take this product a few hours before or after them.

Manufactured under strict GMP (Good Manufacturing Practices).

HP0963

